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Social Activities AMERICANA COVE ASSN. (ACA) LEADERSHIP

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President's Message

By Jolee Rengo

riendship is a powerful bond between like-minded people. It will strengthen and shore up a person in times of trouble. It can create a feeling of safety and trust. A friend is someone you want to spend time with and enjoy being around. A friend is loyal, dependable and brings a smile to your face.



Maya Angelou wrote, "I've learned that people will forget what you said. People will forget what you did. But people will never forget how you made them feel."

Thus far in 2021, we have lost 18 friends in Americana Cove. Eighteen neighbors – people you wave to and chat with. Folks who brightened our days, now gone forever from our sight.

If you think of them, their names listed in the monthly Forecaster by Nancy Hubbert, they will recall a memory of a particular time or place; a moment that caused you to smile.

Time has a habit of getting in the way of our good intentions. I would ask that everyone take a moment to read the following names of our friends and neighbors and take heed of now each individual made you feel.

Ed Murray
Margaret Schulte
Mark Moran
Virginia Marcotte
Irene Schoettler

Claire Knauf Ray Lassen Patrick Meighan Terri Mottle John Mattson Janice Franklin Leonard Schmitz Marie Mullendore Kathy Redpath Rita Lewis

Robert Hall Lu Barratiere Tony Fischetti

We were blessed to know them, these friends of ours.

Manager's Message

By Gary Schamburg

ow, looking over the <u>Manager's Message</u> from last month, hurricanes were on our minds. There's another one brewing southeast of Puerto Rico as this article goes to print, Tropical Storm FRED. Will we dodge it like the July fizzle, or will this one be a true hurricane? In either case, the preparations we underwent in July pay dividends preparing the Cove for this new threat.

As in the three previous months, let's cover the fourth covenant of the New Resident Orientation. Pets, particularly dogs. Some of our Residents love dogs, some don't care for these animals. Please observe the Golden Rule – "Do unto others as you would have them do unto you" – when walking your dogs. Keep your precious baby on a leash and remember that some of your neighbors may not care to have your precious baby doing its duty on their lawn. That's especially true in the No Pets section as many Residents live there to escape dogs, even Comfort and Service Dogs. This fourth covenant reads:

Pets must be registered at the office using Form 502. Two (2) dogs per household are permitted. Any one dog must not exceed thirty-five (35) pounds. Dogs are only permitted in the Pet Section. All pets must be on a leash at all times. You must clean up after your pet. **Feeding**

...continued on page 7



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That last sentence is remarkably irksome as some of our Residents are feeding stray cats at the north dumpster area. Please – STOP – if you are the perpetrator.

Initiative Updates:

- 1. The Founders' Park project is near completion as the Landscaping Committee approved the lights for the gazebos with our Maintenance Team installing.
- 2. Tom Wichmann has agreed to chair the committee to restore the flooring in the Fitness, Billiard, Game Rooms, and Main Clubhouse. We need volunteers to be committee members and determine the materials options for consideration. Tom should be approved as chair during the September MAROA Board Meeting, 15 September.
- 3. ARO Engineering is completing the Engineer Survey for the North and South Boat Ramp Renovation Project with the final document sure to meet expectations. Mike Arkanoff continues to chair this effort.
- 4. The Audio-Visual Renovation of the Clubhouse is completed thanks to Mark Andrews (chair), Gary Griffith, and Ron Miller. Much appreciated as we're not hearing those annoying beeps, pops, whines, and squeals.
- 5. The Landscaping Committee continued to improve the ambiance of our gardens, and we look forward to the replanting in the months ahead as they improve the southeast outside garden.
- 6. For those who are unaware, the MAROA Board selected J. Foster Consulting for the Seawall Survey to establish the priority for repair and what type of overhaul is necessary to establish funding in future budgets. Residents may see surveyors and scuba divers over the coming months as this project progresses.
- 7. A "New" Land Survey Committee is forming to establish the exact number of shares in Americana Cove. The Bylaws and Prospectus offer differing numbers than the accompanying map annexes, while both documents indicate that there never was an engineer land survey conducted to define lot lines. Over time, many "lots" or shares have been dedicated to other uses beside homes, while some lots are just too darn small for dwellings. Dave Casey has volunteered to be the MAROA Board liaison, but we still need a chair and members.

Did anyone know that the north canal – running from the north laundry area east to the Founders' Park waterway – is an Americana Cove asset? Yes, it's within Americana Cove's boundary. Back in February 1968, the St Petersburg City Council deeded that canal to Mobel Americana with our perimeter along the south edge of the far side shell road. The City Senior Engineer, Marshall T. Hampton, found the documents as part of the discussion with the city for the North Fence Renovation. Obviously, Americana Cove has to form a committee to deal with this canal, city storm water run-off, and any associated taxes.

Residents, you're the best, and really appreciate all your encouragement as . . . Together we build Americana Cove into a premier 55+ Resident owned community.

NOTE: Misspoke in last month's article on the Landscaping Committee budget amount for 2021 that should be ~\$22k. The current MAROA Rules and Regulations is dated March 18, 2019, filed with the circuit court, and approved by the Florida State Department of Business and Professional Regulations

ACA News

By Ron Miller

Thave a sad heart that we lost ACA Vice President, Tony Fischetti. He lost his fight with cancer. He will be missed. Tony worked hard to make life better here at the Cove. Tony cooked many hamburgers, he loved people, and he loved to walk and was a great friend. Rest In Peace, Tony.

On a lighter note, our friends from up north will start return soon, and the Cove will come back to life. It's going to be a busy year. Our Trinkets & Treasures on Nov 6 as well as all of our clubs will be back in action. ACA will be looking for help, keep your eyes out for more information. As far as September events taking place. The Old Timers Club has planned to have Music in the Cove one Saturday in Sept. The Burger Bun will be held Sept 21 at the same time, 4:00-5:30, Karaoke Sat the 18th at 7:00.

I'm proud to announce that Doug Howland has been appointed to fill the Vice President job, of ACA. He will have some big shoes to fill. Thank you Doug, we need people to step up and fill our Clubs offices. New people will bring new ideas and new blood. All this will make the Cove a better place.

How about going to a Rays game in September!! We've made arrangements for any residents who are interested to go to a **Rays** vs **Blue Jays baseball game** on **September 22** for an afternoon game. The cost is \$29 per person and entitles you to a ticket to the game and a Rays baseball hat. Reservations and payments are to be made at the Cove office. Checks should be made payable to ACA. We need a **minimum of 20 people** to go and you will have to provide your own transportation. The cutoff date for reservations is **September 10** – time is short so get your carpool group together and make reservations.

In Sept, we will start the push for Wreaths Across America. All of these wreaths are placed at Bay Pines at the National Cemetery for our fallen Vets. Last year I got the Cove order in at the last minute. That's not going to happen this year. If anyone in the Cove would like to buy a wreath in honor of someone, they may do so. I will be looking to the Clubs to help, as I've done the last three years.

I would love to have a good year. All new people that live in the Cove that have spent time in the service, please sign the paper on the ACA bulletin board at the clubhouse, and I will see to getting your names on the Cove's plaque. You have earned the right if you have served. Plus, any Flags that are beat up or torn, please give them to me and I will see they are taken care of.



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Announcements

By Ray Rodriguez - Editor

Shots in Arms

lu! Pneumonia! Shingles! Oh My!
A great way to prevent them is to come to the Clubhouse on Tuesday
October 5 between 12 Noon and 3 PM.

Once again we are partnering with Walgreens to offer these shots to our residents and friends. Please! I need you to contact me to RSVP if you would like to participate. This is important, we want to make certain that we have enough vaccines on hand and pre-register you. I will ask your date of birth along with some information from your Medicare or health insurance card.

Flu and Pneumonia shots are almost always free, but Shingles shots often have a pretty high co-pay.

If you would like the Shingles vaccine, I will advise you in advance of the co-pay.

Please call or text me at (727) 308-8013. Thanks and see you there!

Brad Coath, CRNA, MSN

Kayaking Update

Join us for Full Moon Kayaking on Monday, September 20th at 7:00 pm. September's full moon is known as the Full Harvest Moon, as it is the full moon that is closest to the fall equinox. In the northern hemisphere, the Full Harvest Moon rises very soon after sunset, providing plenty of bright light for farmers harvesting their summer crops. September's full moon is so well-known for its luminosity and brilliance that certain Native American tribes even named it the Big Moon. Sunset will be at 7:29pm, with the Moonrise at 7:54pm. Weather permitting, we will meet at Founder's Park at 7:00pm. Don't forget you

permitting, we will meet at Founder's Park at 7:00pm. Don't forget your flashlight, life jacket and bug spray. All water craft are welcome (in fact, we need some boats to join us)!

Thanks! Sue Banning





View From The Gate

eptember Already? I love summer in Florida (kind of) the sky is amazing and our community is on slow, quiet mode. For the most part anyway.

I was recently made aware that a significant number of new residents may not have been made aware of how, why and when to "Call The Gate" to advise us of visitors and expected deliveries.

And I really hope they are reading my article. So here we go.

We live in a private, restricted access, guarded community. That means that people can't just breeze in.

We have a number of people that want to "drive around and look". No, we don't allow that.

We need you, our residents, to contact us via telephone (727 527-3329) or via the Securitas site on your home device to let us know when you are expecting friends, family, food, service technicians such as air conditioning, plumbing etc. and deliveries from say Home Depot or Rooms-to-Go.

Seriously. This is a rule, a process and a requirement of living here.

When we get a little busier this month we simply will not be able to contact you and your person or delivery will be turned away.

You do NOT have to advise us of UPS, FedEx, Amazon Prime, Healthcare & Hospice, Pharmacy. These are the only exceptions. So please folks, Help Us Help You to live in the private and secure environment that attracted us here in the first place.

Thanks very much. See you at The Gate!

Brad Coath



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Sunshine Report for September 2021

By Nancy Hubartt

Deaths – With Sympathy

Lu Barretiere Bob Hall Tony Fischetti

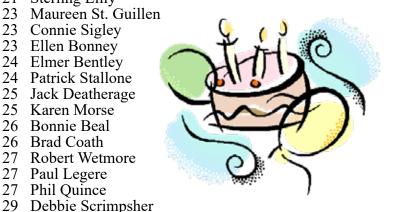


September Birthdays

01 L.A. Carr 01 Bob Larson 02 Joan Moore 05 Margurette Fielhauer 07 Kenneth Bryant 07 Denyce Kinkead 10 Eileen McMahon 11 Teresa Hansen 12 Normand Lacasse 12 Rita Legere 13 Judy Moran 14 Diane Filstrup 15 Jake Moore 16 Roger Howard

18 Gail Larkin

19 Bob Sockrider Sterling Lilly 21 23 Maureen St. Guillen 23 Connie Sigley 23 Ellen Bonney 24 Elmer Bentley 24 Patrick Stallone 25 Jack Deatherage 25 Karen Morse 26 Bonnie Beal 26 Brad Coath 27 Robert Wetmore 27 Paul Legere 27 Phil Quince



September Anniversaries

05 Claire & Ed Mosakowski 07 Brenda & Rudy Isovitsch 13 Joe & Bob Leland 21 Debbie & Robin Thackrey 21 Carol & Larry Stake 23 Helen & Dean Schirm 29 Sue & Mike Giacchetti

66 years 53 years 57 years 47 years 53 years 71 years

37 years



Welcome New Residents

By Mary Ann Meljac & Cindy Rodriguez

Welcome to the following new residents!

James Wallace
6902 Mt. Pleasant Rd.
Prev: Pregent/Pfeiffer

BB&S Proerties, LLC
7121 Mt. Essex Dr.
Prev: Allen/Pratt

Lorna Wirtz Francis Oakley

316 Mt. Saxon Ave. 7266 Mt. Georgetown Dr.

Prev: Bostick Prev: Knickerbocker Ventures, LLC

David & Kathryn Laramee 7235 Mt. Fairfield Rd.

Prev: MAROA



Boat Club

By Mary Ann Meljac

ccording to Wikipedia, Labor Day is a federal holiday in the United States celebrated on the first Monday in September to honor and recognize the American labor movement and the works and contributions of laborers to the development and achievements of the United States. It is the Monday of the long weekend known as Labor Day Weekend. Its celebrations commonly include a parade and barbecues. The Central Labor Union and the Knights of Labor organized the first parade in New York City. Oregon was the first state of the United States to make it an official public holiday. By the time it became an official federal holiday in 1894, thirty states in the United States officially celebrated Labor Day. Canada's Labour Day is also celebrated on the first Monday of September. Labor Day is also called the "unofficial end of summer" because it marks the end of the cultural summer season.

The ACA sponsored a "free" evening of music and entertainment for all Cove residents on July 3rd. The Boat Club sponsored another fun filled evening on the 7th of August. "Big Rich" did the entertaining and the Cove residents danced under the lights of the "disco ball". The Old Timers will be sponsoring an evening of entertainment on the 18th of September... watch for further details.

The Cornhole Club will be sponsoring an event in October. Stay tuned for further information. We don't want anyone to miss out on any of the fun and would like to give a big shout out and thank you to the Clubs who are sponsoring these fun times and making our residents' social activities their priority!

The next full moon outing is scheduled for Monday, September 20th. This is my favorite moon ... Full Harvest Moon! Watch for further information from Sue Banning.

Our next official Boat Club meeting will take place on Saturday, September 11th at 10:00 am in the Atrium. This will also be the date for our next Tiki Hut Party at 5:30 pm. Guests are welcome for a \$5 fee. Don't forget to bring your dish to pass and your \$\$ for 50/50 raffle! Someone always walks away a WINNER!

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AMERICANA COVE

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uesday	Wednesday	Thursday		Friday	Saturday
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ER BURN PM. C	First Day of Autumn			BINGO. 6PM. C	KARAOKE 7 PM. C
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Weekly Calendar Repeats

AMERICANA COVE WEEKLY Calendar Repeats - Month: September 2021

<u>Day</u> Monday:	Event Walk Away the Pounds Lap Swim & Pool Walkers Pool Exercises Line Dancing Nickel Bingo Progressive Rummy Art Strong Cue Club-Men's Bid Euchre	Time 8:00-9:00a.m. 8:00-9:00a.m. 9:05-10:15a.m. 12:00p.m. 1:00pm 4:00p.m. 6:00-8:00pm 6:30p.m. 6:30p.m.	Locatio C C C C A L B C	<u>n</u>
Tuesday:	Walk Away the Pounds Lap Swim & Pool Walkers Pool Exercises Shuffleboard Social League Poker Pool Progressive Rummy Crafters Cards Bid Euchre	8:00-9:00a.m. 8:00-9:00a.m. 9:05-10:15a.m. 10:30am -12:30pm 6:00p.m. 5:00p.m. 6:00-8:00pm 6:30p.m. 6:30p.m.	S B A L A	
Wednesday:	Walk Away the Pounds Lap Swim & Pool Walkers Pool Exercises Cue Club-Women's Rug Braiding Pinochle Texas Hold'em	8:00-9:00a.m. 8:00-9:00a.m. 9:05-10:15a.m. 6:30p.m. 6:30p.m. 6:30p.m. 6:30p.m.	C B C C A	
Thursday:	Walk Away the Pounds Lap Swim & Pool Walkers Pool Exercises Shuffleboard Dominoes Buddhism Mtg Pokeno All Cards Progressive Rummy Cue Club-Men's Cornhole Cribbage Club	8:00-9:00a.m. 8:00-9:00a.m. 9:05-10:15a.m. 10.30pm 1:00p.m. 1-2:30p.m. 1:00pm 6:00p.m. 6:00pm 6:30p.m. 6:30-8:00 pm 6:30p.m.	S A G C A A B C A	
Friday:	Walk Away the Pounds Lap Swim & Pool Walkers Vespers Choir Rehearsal Pool Exercises R u Bored Seniors & Caregivers Poker Pool Bingo	8:00-9:00a.m. 8:00-9:00a.m. 8:45a.m. 9:05-10:15a.m. 1:00pm 6:00p.m.	C A C B C	*A: Atrium
Saturday:	Walk Away the Pounds Pool Exercises	8:00-9:00a.m. 9:05-10:15a.m.	C	C: Clubhouse L: Library
Sunday:	Shuffleboard Hoss Collar Pickup Bocce Ball Vespers Duplicate Bridge	1:00-3:30p.m. 4:00pm 4:50p.m. 6:00p.m.	S BC A C	S: Shuffleboard Courts B: Billiards G: Game Room BC: Bocce Court

Book Club

By Jill Moe

Talk about a dedicated group ... the Book Club continues to meet the second Thursday of the month at 1:30 PM in the Library.

This month on September 9th Orna Smith will host our discussion of 'Refuge' written by Dot Jackson. (In the spring of 1929, Mary Seneca Steele is considering what to wear for her suicide. Early one morning she spontaneously packs a suitcase, gathers up her son and daughter, and drives away from her abusive and dissolute husband's brandnew Auburn Phaeton automobile, leaving her privileged life in Charleston behind. It is the beginning of a journey of enlightenment that leads Mary "Sen" to the mountains and mysteries of Appalachia, where she will learn unexpected family secrets, create a new life for herself and her children, and finally experience love and happiness before tragedy will once again test her.)

We'd love to have you drop by and listen in or even join in the discussion. Guaranteed you'll leave an hour later with lots of information you didn't even know you didn't know or need!

Feel free to give me a call anytime or email - Jill Moe - NHmoema@gmail.com

Buddhism

By John Howell

ission Accomplished

Not one, not two, but three candidates have appeared to fulfill the search for a protégé.

One in particular meets many of the requisites'. In fact we were all recently invited to participate in a week long retreat at a local Wat (Temple). Many great teachers from around the world attended giving a variety of understandings. A blessed opportunity to seek "higher spiritual ground" was graciously offered to all.

So it is now with some poignancy (approaching full circle) that we will conclude our Buddhism 1pm Thursday meetings here at the Cove on Sept. 2, 2021, with review. We accomplished what we set out to do, and more. We opened a sacred space thus creating a "field of merit" for those able to under-stand, contribute, and dedicate their actions of body, speech, and mind for the welfare of all sentient beings. This being done skillfully via; study, contemplation, and most importantly authentic meditation engaging all three levels of the Buddha's Dharma. Therefore not only fulfilling the vows of a Bodhisattva in the tradition of H.H. the 14th Dalai



"So mote it be"

Lama, but assuring eventual "stream entry" with seeds planted for favorable rebirth, and beyond. My humble branch of the linage can now be passed on with honor and respect.

Consider: Over 80 meetings with a revolving aggregate of 18 attendees over 2 and a half years despite covid. Many field trips too. And of course 30 plus Forecaster articles with special thanks to Ray for his editing/formatting skills.



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Findings: As one Mandala dissolves into "emptiness", (the ebb and flow that illustrates impermanence) another will be instantaneously created as opportunities to "Turn the Wheel of the Dharma" are endless, and are currently anticipated elsewhere.

Conclusion: Aspire to seek (from the Buddhist P.O.V.) "higher spiritual ground" facilitated/motivated by an attitude of (transcendent/compassionate action), for that is the direct Path to Nirvana.

I will continue to be available via; text, e-mail, ph., with in person consultation by request, and will be joyfully participating in the upcoming 58thst. Lao Temple Sept. 23rd -26th consecration ceremony of the recently constructed giant Buddha statue. See you there!

Finally: Infinite blessings to those who made this entire endeavor possible with their kind support, encouragement, and vast meritorious good karma thus accrued, and dedicated to all.

Please continue to practice a safe lifestyle being kind to all sentient beings... Namaste

Cornhole Club

By Deb Howland & Erika Fitch

Te are still playing cornhole every Thursday evening for fun at 6:30 in the clubhouse. Come play in the air conditioned clubhouse to beat the September heat. It would be a great time to learn how to play or better your skills before club starts this fall.

Yearly membership dues will be due when club starts in November. Membership for Cornhole Club will be \$10.00 per person, guaranteeing you a spot to play on club night. For summer play there is no cost.

Club meetings will be held the first Thursday of each month starting this September 2nd at 6 p.m. We will have the meeting and then a time of socializing and treats. Cornhole is optional.

We also have a 50/50 drawing every week. We look forward to seeing you on Thursday evenings. We set up at 6:00 and would appreciate any help.

Call Doug or Debbie if you have any questions. (727)366-4273.





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Crafters Club

By Debbie Lewison

Tello Crafters! Time is flying fast and summer is over. Here comes the fall and Crafters will begin again in October. Watch next months newsletter and Facebook for more details.

As you are packing things to return south, we will be making some jewelry which uses an old earring or pendant. We have some for you but if you have something special you'd like to use, please bring it back with you!

Also we will be painting concrete stepping stones in November. Shelley Barron is getting them ready and will bring them back with her for our group. We will have to collect \$10 per person for those interested which is a huge discount if you've ever saw Shelley's stones at the Craft fair. So start saving a few pennies now for your stepping stone!

Cathy, Judy and Debbie hope you've had a safe and fun summer and we are anxious to see you all in October!!!!

Helping Hands: Boosting Your Mood (from Prevention Magazine)

By Judy Hall, PhD

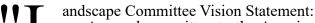
fter this year plus of dealing with COVID, we could all use a boost. Science and math can help us with that. Plenty of research-based actions can improve your mood and, combining some of them (math) can give you a super-boost! Try some of these:

- Declutter and donate. Clutter can make us harder to concentrate. But when we know where everything is and can find it, we don't feel so overwhelmed and are less anxious. And, if we give things to charity, our feelings of self esteem rise and angry feeling diminish. This can be connected to the benefits of gratitude. "Gratitude is not just expressing thanks, it includes giving to someone else without expecting anything in return," says Dr. Villanova, who found that an active and regular gratitude practice helped her when she was diagnosed with a rare disease.
- Listening to our favorite music can raise our spirits. Relaxed, informal singing is a powerful pick-me-up and can reduce levels of cortisol, a hormone usually associated with stress. And this is even better if we are singing with others. Hanging out with friends is a "stress buffer." Gather your friends in person, on Zoom and even try karaoke versions of your favorite songs on YouTube.
- Bond with Animals + Volunteer + Exercise. Time with a pet is a big mood enhancer, bolstering emotional and even physical health. Volunteering at a pet shelter can substitute for having a pet of your own. Combine that with the boost your get from volunteering studies have shown that it increases feelings of life satisfaction and well-being and the exercise from romping with an animal. A workout can strongly improve your mood, says science.

View this Newsletter in full color at www.monthly-media.com right click with mouse to download to your computer

Landscape Commitee

By Donna Andrews



As a subcommittee to the Americana Cove Board of Directors, the Landscape Committee assists the Board and the community residents by beautifying, enhancing and maintaining the common grounds of Americana Cove. Thus, continuing the enjoyment of our neighborhood for years to come and maintain our property value."

This is the goal of the volunteers of the Landscape Committee. The volunteers invest their personal time and energy to the commitment of this goal and hope the outcome is enjoyed by all our residents.

At the time of writing this article, the Landscape Committee is in the middle of a project to rejuvenate the entry gardens. They have not looked good for quite a while. We will be planting new low maintenance, Florida friendly perennials that enjoy full sun.

As always, we need more residential involvement in our committee. The dates of the monthly meetings are always posted on the outdoor bulletin board and on the calendar of events on the outdoor tv's. Please bring your ideas and join our committee.

Library

By Jill Moe

IBRARY - It may be hot out there but Americana Cove Library is truly a cool place to hang out, peruse the book shelves, take a spin through the movies, put a puzzle piece or two in, even take a puzzle home. Be sure to stroll through some time and you'll realize how lucky we are thanks to the generosity of your neighbors and friends.

Be sure to "come on in and see us sometime".

Live Music

By Libby Hopkins

Whoooops!!!!!!! We apologize profusely for our mishap of not including KAY TUREK in our thank yous to folks who helped make our Memorial Day Program in May so great. KAY was an integral part of our ceremony. She played Taps at the end of the Program, and she did it beautifully!! KAY was happy to play the trumpet in honor of her father, Bob Thomas, whose name is on our Veteran's Plaque in the clubhouse. Thank you, thank you, KAY, for making the program so special!!!! Your playing was lovely!

Live Music is getting together this month to create shows for October and November, and beyond!! Our first show of the season will be on October 12, 2021, at 3 PM in the clubhouse.

We hope to see you all there, and are looking forward to performing our first program after a long summer!

For those of you who are not familiar with us, we are a Music Group within the park that

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billyourcarguy@gmail.com More Info: www.BillYourCarGuy.com usually put on a performance twice a month on the second and fourth Tuesday from 3:00 p.m. to 4:00 p.m. in the Clubhouse from October through April. We work hard to provide an entertaining, fun hour, and we provide snacks, drinks, and sometimes, spiked punch!

This year, we will not have one of our members with us, Libby Hopkins. We will miss her, and look forward to her returning to Live Music in the future.

Live Music is wishing everyone a happy and healthy September!!

We can't wait to be back together in October!

Old Timers Young at Heart

By Kathy Laramee

And, we are blessed to have the very Best Volunteers seeing to it that this project gets done each and every week. However, we do have a roster of volunteers (many who are not full timers) on which the burden lies. In light of this I am proposing a dedicated schedule for volunteers who will be able to pick the day they would be available to bag and take for sale. Since, as I said, many are not here full time I am making an earnest plea for a couple of full time residents to step up and volunteer. I will be putting a schedule to-gether with the help of the volunteers currently handling the bulk of the work. This will go into effect October 1, 2021. If you have any questions or would like your name added to the list, please contact me at my number in the Cove Phone Book. My heartfelt thanks in advance. Below is the current roster of volunteers.

Ron Miller Dennis Hermann Ray Larkin
Tom Shouse Frank Hollbrook Dick Gamache
Nelson Taylor David Laramee Dave Panach

This month, Old Timers is sponsoring a Come and Dance evening on Saturday September 18th starting at 6:30 in the Clubhouse. Music will be provided by Southern Knights and as always, it's BYOB and Snacks. See you there!!



Bob Larson

Shuffleboard Club

By Greg Moe

o Shufflers can start planning ahead, we will be holding our first 2021-2022 season business meeting on November 3rd at 9:30 AM in the Atrium. By this time I expect all leagues will be back to normal and we will be able to begin our "outside-of-the-park" competition again. Please make every effort to attend so that we can set team rosters.

As long as residents show up despite the weather, Hoss Collar will continue on Sundays at 1:00 PM and Social League will continue on Tuesdays and Thursdays at 10:30 AM. As always, cue sticks are helpful, masks are optional and having fun is mandatory! Why not come and join us and "get into the swing" for the next Shuffleboard season?



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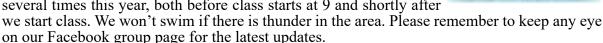
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Swim Exercise

By Nancy Olson

ello everyone! It's already September and Mark and I will be heading back to Fl, scheduled to arrive in the Cove on Sept. 28. Our summer has been filled with visiting family and friends in Wisconsin, Illinois and Michigan. We also welcomed visitors from Illinois, Wisconsin and Florida! Our 4 months went by very fast. Weather couldn't have been better!

Swim exercise continues to be on weather watch pretty consistently during the summer months. We have had to cancel class several times this year, both before class starts at 9 and shortly after



We want to welcome all of our new faces to the group that we have seen throughout the summer. Both residents and guests have attended class and we have enjoyed having all! This is a great way to get some great exercise in and meet new people.

I will be returning to lead the class on Wednesday, September 29. It goes without saying that our class continues to meet 6 days a week throughout the entire year and we could not do this without our team of Maureen Saunders, Diane LaRochelle, Terry Carlo and Nan Krueger who very much keep our group going! Many thanks to this very special group of wonderful ladies!!! THANK YOU!!!!

Wanted to share some benefits of swim exercise with you in this month's article. Here goes: Water exercise is considered low impact, allowing a safe workout.

Water buoyancy creates a low impact that reduces stress on your joints, bones and muscles. It allows for whole body conditioning by using all of the major muscle groups at one time.

Less injury concern. Working out in the water is known for its rehabilitation. Water rehab therapy can speed up recovery (hip, knee replacement, minor surgeries) and is nearly pain free. It also helps people with arthritis with improved use of affected joints without agitating symptoms.

Just being in the water is known to reduce high blood pressure by relaxing the blood vessels so they can carry more blood while presenting less resistance to the heart.

May also reduce mental stress which is good for your overall cardiovascular well -being.

If you are also a regular land exerciser, a water workout offers an efficient way to increase fitness. Water provided resistance in both directions can achieve twice the workout capacity in the same amount of time.

It's always good to review the benefits if you are regular of the group. And for those who have thought about coming to swim exercise think about these benefits and determine if swim exercise will work for you! If you are not sure, feel free to come to class and give it a try! We meet Monday-Saturday, 9am sharp!

Have a great Labor Day. I will see you on September 29!! Birthday pics are Mary Ann Meljac and Jane Niles.



Residents/Staff Make Buyers Feel Welcome!

By Barefoot Realty Group, Brokerage Agent for Americana Cove

Ithough potential buyers are looking for a home that meets their criteria, they are also looking at Americana Cove to determine if it's a place that they will feel welcomed. From the staff at the gatehouse who is their first introduction to the community to the sales team to residents they may meet or see while they are touring the community, all of these exchanges help buyers to determine whether they will feel comfortable living here.

Here are some of the most-asked questions of buyers:

What's a manufactured home and what's a co-op? Many buyers have never lived in a manufactured home nor understand what cooperative ownership is, so learning about this type of housing and ownership and feeling comfortable with it is extremely important for them. Education is key and is what we do when we meet a buyer for the first time.

Will I like this community? Many buyers have never lived in a community before; they may have lived on acreage or on a private lot but never lived under a homeowners association or rules before. This often is the area that they feel most uncomfortable because they just don't know how they will like living with other people. This fear often fades away after speaking to residents and hearing them enthusiastically discuss the community and how much they enjoy living here. We always appreciate residents who stop to say hello when we are doing a tour of the facilities. Even a smile or wave makes buyers feel more comfortable.

Is the community well run? Since so many people have never lived in a community, we enjoy introducing the management staff to buyers as their professionalism puts them at ease and no matter how busy, they always take the time to make buyers feel welcome.

Why should I choose the Cove over other communities I have visited? Ultimately, this is the final question that buyers ask and more often than not their experiences in other communities have not been as warm and friendly as their experience at the Cove, thanks to all of the small positive exchanges with various residents and staff that occur while they visit.



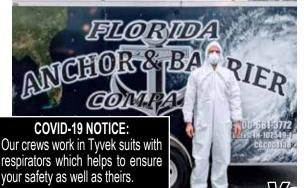
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EVENTS & PROGRAMS

ATTENTION GOLFERS. The Tampa Green Beret Association, a fraternity of former and active duty Special Forces soldiers and a non profit organization, is hosting a golf tournament on October 9th to benefit The Tampa Veterans Civic Center. The cost is \$60.00 per player which gets you a round of golf and a nice post play lunch. There will be prizes, ball launcher, raffle. auction, 50/50 and more. To learn more e-mail gilhimes@yahoo.com.

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FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

EVENTS & PROGRAMS

ATTENTION CRAFTERS: Paradise Island Annual Craft Fair is taking reservations for spaces at the Annual Craft Fair, on Saturday November 6, 2021, 9 am to 2 pm. Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Handmade items only. For reservations contact Nadine at 402-750-3083 call/text, email: nadine5106@gmail.com. Deadline October 15th.



EVENTS & PROGRAMS

VENDORS WANTED- HOLIDAY BAZAAR - Saturday, 11/13/2021, 9am-1pm. \$30 - 1 table, \$25 additional table, \$15 additional floor space. First Lutheran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Questions: 727-477-3806 or eobrien2429@gmail.com - 217-251-4382 or jayneb1227@gmail.com

Craft/Bake Sale: November 8th, 2021 from 8:30am to 1:30pm. Table Space \$15.00. Sugar Creek MHP 10265 Ulmerton Road, Largo. Call Sally 401-835-0700.

OCTOBER AD DEADLINE - SEPTEMBER 10, 2021

Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
 Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
 No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over \$158,200 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at Monthly Media • 220 Bahama St. • Venice, FL 34285.

That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 8-12 weeks for mailing of check). This month's cash winners are:

Joan Athey	\$100	
Toni McCarthy	\$10	Florida Anchor & Barrier
		Guardian Vapor Barrier
Ernie Simon	\$10	Largo Automotive
		Jones & Sons Plumbing
Ron Stewart	\$10	Barron's Air Conditioning & Appliance
Ken Eckhart	\$10	Battleline Termite & Pest Control
Robert Mendes	\$10	Air Masters of Pinellas
Carl Hansen	\$10	Discount Computer Repair
David Kalan	\$10	Boss Electric
Renate Brauchler	\$10	Debbie's Salon
Luis & Nancy Serrano	\$10	Ron Wyngarden Mobile Home Wash
Lorene Hunnell	\$10	Royal Enterprise
Ronald Anderson	\$10	Heller's Mobile Home Washing
Neal Alexander	. \$5 .	Air Masters of Pinellas
Michael Price	. \$5 .	Jones & Sons Plumbing
Jane Gardella	. \$5 .	Battleline Termite & Pest Control
		Got Dirt? Call Dirty lil'
		Air Masters of Pinellas
Carole Burnham	. \$5 .	Ron Wyngarden Mobile Home Wash
Sue Folden	. \$5 .	Jones & Sons Plumbing
		Heller's Mobile Home Washing
Norva Elkins-Bylsma	. \$5 .	Florida Anchor & Barrier
Ernie Grow	. \$5 .	Discount Computer Repair

winners are:		
John Swartz	\$5	Ricks Appliance Repair
Gerald Schnerr	\$5	Air Masters of Pinellas
Wavne Jones	\$5	Jones & Sons Plumbing
Rick Johnson	\$5	Palm Harbor and Dunedin Electric
Roxanne Moses	\$5	Got Dirt? Call Dirty lil'
Barbara Hohler	\$5	Bill the Carpet Guy
Cheryl Adam	\$5	Jones & Sons Plumbing
Joseph Scarpa	\$5	Air Masters of Pinellas
Daniel Marino	\$5	Heller's Mobile Home Washing
Elizabeth Pattigno	\$5	Royal Enterprise
Carol Alvey	\$5	O.E. Wilson Insurance
		Jones & Sons Plumbing
Sandra Couch	\$5	Heller's Mobile Home Washing
Linda Wagler	\$5	Debbie's Salon
Teresa Kelso	\$5	Air Masters of Pinellas
Janet Heintz	\$5	Battleline Termite & Pest Control
Sandra Hansen	\$5	Heller's Mobile Home Washing
Louis Vonderbrink	\$5	Boss Electric
Barb Gonzalez	\$5	Got Dirt? Call Dirty lil'
Shirley Cosenza	\$5	BugginOut Pest Control
Patricia Masotta	\$5	Bill the Carpet Guy
Sharon Rop	\$5	Ron Wyngarden Mobile Home Wash
Jackie Gregorio	\$5	Boss Electric
Robert Gornick	\$5	Got Dirt? Call Dirty lil'

- Limit of one ticket per visit Advertiser may have up to 4 winners per month Advertiser must have bill paid current to qualify
- No purchase necessary Contest void where prohibited by law •Tickets available at participating Monthly Media advertisers.

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